



# REGISTRATION FORM

## SPRING 2026 (MARCH-JUNE)

Registration is mandatory for all programs, events, and services. Please register prior to your activity and not on the day that it starts. You must be a current member to register for programs or services.

**Accessibility:** All programs, events, and activities will be accessible for those with hearing loss by using captioning, sound amplification, and FM systems. Virtual activities will have captions available. If you feel you need further accommodations, please let us know and we will do our best to accommodate your needs.

### Contact Information:

Family Name:	First Name:
Phone (home):	Phone (cell):
Email:	

## SPECIAL EVENTS

### **Annual General Meeting & Awards Ceremony**

June 11 2026 | Time TBD | 7010 Sherbrooke West

I want to register:  YES

I would like to carpool:  Driver  Passenger

### **May Hearing Month Post-HEARTalk Lunch**

May 7, 2026 | 12:00 PM - 1:00 PM | 7010 Sherbrooke St West

I want to register for the lunch:  YES

I would like to carpool:  Driver  Passenger

In honour of May Hearing Month, join us for a light lunch following the Age Well HEARTalk presented by Abir Kheir, Audiologist at Polyclinique de l'Oreille (see next page to register). The talk will be shown on the big screen with accessibility features, then stay for refreshments and a friendly chat!

## SUPPORT & COMMUNITY

### **Peer Mentoring**

Ongoing |

Peer mentoring connects individuals with hearing loss for supportive one-to-one conversations. Mentors share lived experience, encouragement, and practical insights to help others navigate the challenges of hearing loss in a safe and understanding space.

I want to be a Peer Mentor  YES

I want to be a Peer Mentee  YES

## RESOURCES & REFERRALS

### Inbound Requests

#### Need help accessing your benefits?

Yes, I'd like support

We offer one-on-one support to help you apply for benefits like the cellphone savings program, Access 2 card, Travel card, and Bonnycastle bursary and scholarship.

### HEARTalks

#### Give Back. Get Involved

I will be attending:  In-person  Virtually

Presented by: Keara Blair, Program Coordinator at Hear Quebec  
April 15, 2026 | Time: 6:30 PM - 8PM | 7010 Sherbrooke St West

Learn how Peer Mentoring and Accessibility Ambassadors make a real impact, and how you can too!

#### Age Well

I will be attending:  In-person  Virtually

Presented by: Abir Kheir, Audiologist from Polyclinique de l'Oreille  
May 7, 2026 | 10:30 AM - 12:00 PM | 7010 Sherbrooke St West

Do you have any suggestions for a topic you would like to see addressed in a HEARTalks?

Comments: \_\_\_\_\_

### Outreach

I am interested in outreach services for my community:  YES

Would your workplace, school, church, or community group benefit from a presentation on Hear Québec's services or practical information about hearing loss, communication strategies, and accessibility?

## AWARENESS AND ACCESSIBILITY

### Include ME at Home Program

I am interested in receiving personalized, home-based support with my Hearing Assistive Technology:  YES  
(Note: This program does not include support for computers, cellphones, or other non-hearing-related technology.)

### I want to become an Include ME Accessibility Ambassador

YES

If you've learned how to navigate your own devices and want to help others do the same, we'd love to hear from you. You don't need to be an expert, just someone willing to share experiences and encouragement. We provide training, and support by phone or in person.

### Consult ME Consultations

Have you ever left a presentation, meeting, or community event feeling that hearing accessibility wasn't fully considered? Consult ME supports businesses and institutions in becoming more hearing-inclusive, and feedback from people with hearing loss is an essential part of the process.

I want Hear Quebec to connect with my community:  YES

I want to volunteer to test accessibility equipment:  YES