



REGISTRATION FORM

Fall 2025/ Winter 2026

Registration is mandatory for all programs, events, and services. Please register prior to your activity and not on the day that it starts. Please note: you must be a current member to register for programs or services.

Accessibility: All programs, events, and activities will be accessible for those with hearing loss by using captioning, sound amplification, and FM systems. Virtual activities will have captions available. If you feel you need further accommodations, please let us know and we will do our best to accommodate your needs.

Contact Information:

Family Name:

First Name:

Phone (home):

Phone (cell):

Email:

SPECIAL EVENTS

Holiday Brunch

Date: December 14 2025 |

Time: To be confirmed;

Subscribe to our newsletter for updates |

Place: TBD

I want to register: ☐ YES

I would like to carpool: ☐ Driver ☐ Passenger

World Hearing Day Event

Date: March 3, 2026

Details to come; subscribe to our newsletter and check our website for updates.

Email me with updates: ☐ YES

SUPPORT & COMMUNITY

Young Adult Focus Group (Evening)

Date: February, 2026 |

Details to come; subscribe to our newsletter and check our website for updates.

Email me with updates: ☐ YES

“Become A Peer Mentor” Training (Daytime/multiple dates)

Dates: Tuesdays and Thursdays, 1:30pm-3:00pm, throughout October, 2025

I want to know more: ☐ YES

I want to connect with a Mentor

Date: Beginning in November, 2025

I want to know more: ☐ YES

AWARENESS AND ACCESSIBILITY

I want to become an Include ME Accessibility Ambassador

I want to know more: ☐ YES

Date: Beginning in November, 2025

Include ME at Home Program

I am interested in receiving personalized, home-based support with my Hearing Assistive Technology: ☐ YES

Consult ME Consultations

I am part of a community group that is interested in being more accessible. ☐ YES

I want to book a consultation:

Name:

phone (cell):

RESOURCES & REFERRALS

Need help accessing your benefits?

We now offer one-on-one support to help you apply for benefits like the cellphone savings program, Access 2 card, Travel card, and Bonnycastle scholarship.

☐ Yes, I'd like support.

HEARTalks

Mode: Hybrid – in-person and virtually on Google Meet I will be attending: ☐ In-person ☐ Virtually

How to Read Your Audiogram (Daytime)

Presented by: Abir Kheir, audiologist at Polyclinique l'oreille

Date: September 25, 2025 | Time: 10:00 a.m. - 11:30 a.m. | Place: Room C-37B, 7010 Sherbrooke St West

I will be attending: ☐ In-person ☐ Virtually

How to Choose Your Hearing Aid (Evening)

Presented by: Mathieu Baribeau, acoustician

Date: October 29, 2025 | Time: 6:30 p.m. - 8:00 p.m. | Place: Room C-37B, 7010 Sherbrooke St West

I will be attending: ☐ In-person ☐ Virtually

How to Protect Your Residual Hearing (Daytime)

Presented by: Dale Bonnycastle, audiologist

Date: November 19, 2025 | Time: 10:30 a.m. - 12:00 p.m. | Place: Room C-37B, 7010 Sherbrooke St West

I will be attending: ☐ In-person ☐ Virtually

The Hearing Loss Guide to Taxes & Disability Credits

Date: January, 2026 | Details to come; subscribe to our newsletter for updates.

I will be attending: ☐ In-person ☐ Virtually

Hear Quebec Saves You Money: Cellphone Savings, Accessibility Cards, & Scholarships (Daytime)

Presented by: Amber Perry, Administrative Assistant at Hear Quebec

Date: February 19, 2026 | Time: 6:30pm-8:00pm | Place: Room C-37B, 7010 Sherbrooke St West

I will be attending: ☐ In-person ☐ Virtually

Hearing Loss in the Workplace: Emploi Quebec, Accessibility, and Rights

Presented by: AIME CROIT Québec

Date: March, 2026 | To be confirmed; subscribe to our newsletter for updates.

I will be attending: ☐ In-person ☐ Virtually

Do you have any suggestions for a topic you would like to see addressed in a HEARTalks?

Comments: _____

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