

Hear we go!

IT'S THAT TIME OF YEAR AGAIN!



Top tips for winter hearing aid care

It's that time of year again! Sunscreen and flip flops are put away and out comes winter coats and scarves. Winterizing our wardrobe is second nature to Canadians, but have you ever thought about how cold weather can affect your hearing aids? Here are our top tips for winter hearing aid care.

Condensation

Condensation can occur due to temperature fluctuations and can damage the microphone and receiver. This may present as sound cutting in and out, static noise or unclear and distorted sound.

Preventative measures for this issue include

- Remove your hearing aids when you enter a building and opening the battery door to allow moisture to escape.
- Wipe away condensation from rechargeable hearing aids.
- Use a dehumidifier to help effectively remove moisture inside and protect the delicate circuitry.
- Take out your batteries when you are not wearing your hearing aids and leave the battery door open.

These precautions help keep hearing aids dry and enhances battery life.

References

<https://www.healthyhearing.com/report/51673-How-cold-weather-and-moisture-can-impact-hearing-aids>
<https://www.starkey.com/blog/articles/2021/11/winter-hearing-aid-care-tips>
<http://www.swifthearingcenters.com/blog-view/here-s-how-to-protect-your-hearing-aids-this-winter>

Faster draining battery

The cold can deplete your battery more quickly.

- Keep spare batteries or your charger on hand, and don't leave your hearing aids in a cold location
- Wear a hat or earmuffs to help keep your hearing aids warm.

Loss prevention

Take care with hats and scarves.

It is important to stay warm, but remove these items carefully or your hearing aids could get snagged and lost.

- You can purchase hearing aid cords and clips to prevent them getting lost.
- You can add your hearing aids to your household insurance. This may help cover some of the cost if you need to replace them.

Hearing aids are generally resilient, with the proper care you can continue to enjoy your favorite winter activities.

Your feedback would be appreciated, was this helpful