

TIPS FOR FACILITATING COMMUNICATION

Tips for your friends, family, and other social contacts

- I speak in the same room as the person with the hearing problem.
- I get a person's attention before starting to speak (example: I call his/her name or touch him/her)
 - I bring myself closer to him/her and face him/her to facilitate speechreading.
 - I speak clearly and slowly, but I don't exaggerate my speech.
 - I don't yell.
 - I use different words if the ones I initially used were not understood.
 - I turn off the noise around us (television, radio, etc.).
 - I gesture naturally and avoid hiding my lips behind my fingers, pens, etc.
 - I indicate what I want to discuss, and I also indicate when I'm changing subject.
 - I ask questions.

Tips for people who are hearing-impaired

- I wear my hearing aids.
- I explain that I have problems understanding speech.
- I place myself opposite the person speaking to me and I lipread. I watch the person.
 - I turn off the noise around me (television, radio, etc.).
- I ensure that there's good lighting on the face of the person with whom I'm speaking.
 - I find out what subject we're discussing.
 - At a meeting, I ask people to speak one at a time.
 - I ask people to speak slowly.
 - I ask questions.