

Resource list for Transportation services

HEAR QUEBEC is aware that it may be difficult to find transportation services. Therefore, we have created this list for you. Please note that we do our best to make sure that all the information is current and updated; however, the best way to ensure this is to contact the organization directly. We do not endorse any specific transportation provider; we are simply offering this list for your information. If you need support in arranging transportation services, please do not hesitate to contact us.

Provider	Area Served	Contact Number	Comment (s)
THE TEAPOT	LACHINE	(514) 637-5627	<p>Membership fee for Lachine residents \$25 Non-Lachine residents \$30</p> <ul style="list-style-type: none"> • Medical appointments • Shopping trips • Tea pot activities
ALLO TRANSPORT	LASALLE	(514) 363-2202	<p>Registration/membership fee \$5/annually</p> <ul style="list-style-type: none"> • Medical appointments only LaSalle-LaSalle \$15 LaSalle-Verdun \$20 LaSalle-Downtown \$35-\$45 <p>The further from LaSalle the more expensive.</p>
CENTRE DE BÉNÉVOLAT DE LAVAL	LAVAL	(450) 681-6164	<p>All requests must be addressed on the website: http://benevolatlaval.qc.ca</p>
SOUTIEN COMMUNAUTAIRE DE VILLE MONT-ROYAL	MONT-ROYAL	(514) 734 -2937	V/M
CENTRE DES BÉNÉVOLAT SARPAD	MONT-ROYAL / COTE DES NEIGES / OUTREMONT	(514) 737-2454	V/M
CENTRE DES BÉNÉVOLES NDG	NOTRE DAME DE GRACE (NDG)	(514) 489-0588	V/M

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ACCOMPAGNEMENT BÉNÉVOLES DE L'OUEST (ABO-VAS)	POINTE CLAIRE / SENNEVILLE TO DORVAL	(514) 694-3838	<ul style="list-style-type: none"> • Fee for gas • Office hours: Monday to Friday 8:30 am - 4:00 pm
CENTRE D'ACTION BÉNÉVOLE	RIVIERE DES PRAIRIES (RDP)	(514) 648-2323	V/M
CENTRE D'ACTION BÉNÉVOLE DE SOULANGES	SOULANGES	(450) 265-3134	V/M
CENTRE D'ACTION BÉNÉVOLE L'ACTUEL	VAUDREUIL-SOLANGES	(450) 455-3331	V/M
RESEAU-BÉNÉVOLE VERDUN	VERDUN / NUN'S ISLAND	(514) 761-1773	reseau-benevoles-verdun.org/wp/
CENTRE CONTACTIVITÉ	WESTMOUNT	(514) 932-2326	<p>Only medical-August accompaniment for Westmount residents.</p> <p><i>Free service. Please call to discuss specific-s of trip.</i></p>
SOINS AUX AINEES - ZARINA MEHTA	WEST ISLAND	(514) 822-2881	<p>Please call to discuss trip details.</p> <ul style="list-style-type: none"> • Medical • Activities • Courses
ENTRAIDE BÉNÉVOLE METRO	WESTMOUNT / WEST OF DOWNTOWN	(514) 939-9575	<p>Downtown/Westmount area (same service service area as CLSC Metro)</p> <ul style="list-style-type: none"> • Medical appointments • Friendly visits (with seniors) • Shopping trips (accompanied / unaccompanied)